

## SALADS

### CAESAR £12.95

A tasty mix of baby gem and cos lettuce, tossed with a homemade classic Caesar dressing, croutons, bacon, grilled chicken strips and Parmesan.

### THE GREEN MAN £13.50

**THAT'S A REAL SALAD!!!** Fresh crispy salad topped with grilled chicken strips, crispy bacon, egg, grilled marinated peppers, cherry tomatoes, fresh Mozzarella and French dressing on the side.

### MEDITERRANEAN VEGETABLE SALAD £12.50

Crispy mixed salad topped with grilled marinated peppers, olives, cherry tomatoes, Mozzarella balls, Parmesan and feta cheese. Served with stone baked Panini and vinaigrette dressing on the side.



## SIDES

GARLIC BREAD (2 pieces)

CHEESE GARLIC BREAD (2 pieces)

CHIPS

CHEESY CHIPS

POTATO WEDGES

MIXED SALAD

ONION RINGS

COLESLAW

CORN ON THE COB

MUSHY PEAS

SPICY BAKED BEANS

ALL  
SIDES  
£3.50



## DESSERTS

Our Ice Cream is FRESHLY MADE TODAY!!!

OUR VIP PEACH MELBA

CHOCOLATE MINT MOUNTAIN

TRADITIONAL ITALIAN KNICKERBOCKER GLORY

BANANA SPLIT

WARM CHOCOLATE FUDGE CAKE

Served with a choice of cream, ice cream or custard.

CHEESECAKE OF THE DAY

Served with a choice of cream, ice cream or custard.

CHOCOLATE ORANGE CAKE

Served with a choice of cream, ice cream or custard.

ALL  
DESSERTS  
£5.75



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THE  
GREEN  
MAN  
FAMILY DINER

OPEN EVERY DAY  
11am - 11pm

# THE GREEN MAN FAMILY DINER



A FAMILY DINING EXPERIENCE LIKE NO OTHER

The Green Man - Family Diner  
Wroxham Road, Rackheath, Norwich NR13 6NQ 01603 784970

# STARTERS

## FISH BITES £6.50

Fresh fish strips, battered and served with tartare sauce, lemon and salad garnish.

## CHICKEN GOUJONS £6.50

Fresh tender chicken breast strips coated in our special recipe sweetcorn batter, shallow fried and served with a salad garnish and BBQ or mayo dip.

## PORK BELLY BITES £6.50

Chunks of succulent pork belly cubes in a smoky BBQ sauce, served with salad garnish.

## CRISPY SPICY CHICKEN WINGS £5.95

A generous portion of extra tasty spicy crispy chicken wings, served with a sour cream dip, and either BBQ or Piri Piri dip.

## BRIE WEDGES £4.95

Deep fried until golden brown. Served with a salad garnish and cranberry sauce. (V)

## FRESH GARLIC BREAD £3.95 ...with CHEESE £4.95

Slices of hot garlic bread, with or without Mozzarella. (V)



## SOUP £4.95

All soups are freshly homemade and served with a fresh baked roll and crispy croutons. Ask for today's choices.

## CHILLI CON CARNE (Starter) £4.95

Served with Nachos, onion salad dip, black pepper and sour cream.

## OR CHILLI CON CARNE (Main Meal) £11.95

Our popular homemade chilli with a slight kick. Comes in a large tortilla basket with rice, grated cheese, onion salad dip, sour cream, black pepper and celery sticks.

**MEGA - STEAK -**  
**DOUBLE UP your RUMP STEAK to a WHOPPING 16OZ for £22.50**  
 ...or **YOUR RIB EYE STEAK to 16oz for £24.50**

# GRILLS AND BBQ

All our steaks are sourced from British farms

## CHICKEN SKEWERS £12.50

2 skewers of marinated chicken breast grilled to perfection and topped with aubergine, bell peppers and tomato relish, grilled with onions, green and red peppers and mushrooms. Served with crispy mixed salad, feta cheese and a choice of rice or chips.

## RACKHEATH RACK £14.50

Smoky Full Baby-Back Rack of Ribs dripping in succulent BBQ sauce, served with our freshly battered homemade onion rings, homemade coleslaw, chips and salad garnish.

## SHORT RIBS £13.50

2 Smoky Pork Belly Ribs, dripping in slow cooked succulent BBQ sauce, and served with our freshly battered, homemade onion rings, homemade coleslaw, chips and salad garnish.

## HUNTERS CHICKEN £12.50

Layers of sliced chicken breast, melted cheese, bacon and BBQ sauce. Served with chips and coleslaw.

## LAMB SHANK £12.50

Slow roasted lamb shank with minted gravy, on creamy mash with seasonal vegetables.

# SEAFOOD

## CLASSIC FISH & CHIPS £11.95

A large fish, deep-fried in homemade beer batter, served with chips, mushy peas, lemon, mint sauce and tartare sauce.

## PAN-FRIED SALMON FILLETS £14.50

2 salmon fillets in a lemon & dill butter, served with crushed new potatoes in garlic butter, green beans, lemon, salad garnish and tartare sauce.

## GRILLED SKATE £17.95

Fresh locally caught and cooked today. Large skate wing drizzled in garlic butter and cockles, served with crushed new potatoes, salad, lemon, green beans and tartare sauce.

## SCAMPI £11.95

A generous portion of succulent Whitby whole tail scampi (**THE BEST EVER!!!**) served with salad garnish, tartare sauce, chips and a wedge of lemon.



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# THE GREEN MAN HOUSE SPECIALS

## HALF A SLOW ROAST CHICKEN £9.95

Half grilled, roasted chicken with choice of BBQ, Piri Piri sauce or plain. Served with chips, coleslaw and salad.

THE CHEF'S GONE  
**BONKERS**

# BURGERS AND DOGS



## FAT BOY BURGER 10oz £13.95

The bully-boy of homemade beef burgers! 10oz of 100% British beef, with lashings of melted Cheddar, two rashers of chargrilled back bacon, crispy lettuce, mayo, gherkin, tomato, homemade coleslaw and onions. Served in a 6" floured bap with chips -

## IT'S A MONSTER

## AL CAPONE

The Green Man Burger topped with hickory smoked bacon, BBQ Sauce, Cheddar cheese, lettuce, tomato, onion, coleslaw, pickle and chips.

## SURF & TURF

The Green Man Burger topped with Cheddar, Thousand Island sauce, pickle, lettuce, coleslaw, onion and chips. Served with a grilled salmon fillet.

## THE CHICKEN ROYALE

Crispy coated spicy double decker chicken fillet topped with melted cheese, lettuce, tomato, coleslaw, onions, cranberry sauce and chips.

## THE BOSTON

The Green Man Burger topped with homemade chilli con carne, Cheddar, lettuce, tomato, coleslaw, raw onions and chips.

## THE STILTON STACK

The Green Man Burger topped with blue cheese, bacon, lettuce, tomato, coleslaw, pickle and chips.

## THE MISSISSIPPI

A seasoned vegetable mix bound with potato in crispy breadcrumbs, served on a lightly toasted floured bap with fresh coleslaw, crispy salad and chips. (V)

## HARLEM DOG £12.50

A massive 14" special recipe sausage made EXCLUSIVELY for The Green Man, chargrilled and served in a 12" freshly baked sub with fried onions and coleslaw.

## SPICY CHILLI DOG £12.50

A massive 14" special recipe sausage made EXCLUSIVELY for The Green Man, chargrilled and served in a 12" freshly baked sub with homemade chilli con carne, onion salad dip and coleslaw.

CLASSIC 6oz

£12.50

VIP DOUBLE DECKER 12oz

£15.50

£13.50

£16.50

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£12.50

£12.50

£15.50

£12.50

£15.50

£11.50

£14.50

Why not add a delicious Peppercorn sauce for only £1.95, Homemade Onion Rings for only £2.50, Cheese or Bacon for £1.95 or Steak Chips for only £1.95

# PIZZAS

Our 12" freshly baked Italian style Pizzas are made from scratch and served with fresh Mozzarella balls



## MONTE CASINO £9.95

Mozzarella and tomatoes. (V)

## PAVAROTTI £11.95

Pepperoni, Mozzarella and tomatoes.

## HAWAIIAN £11.95

Ham and pineapple.

## THE COLOSSEUM £12.95

Pepperoni, chicken, sausage, ham, Mozzarella, onions and mushrooms.

## VALVORI £10.95

Mushrooms, peppers, sweetcorn, red onion and Mozzarella. (V)

## CHICKEN RIB COMBO £15.50

**WOW!!!** Half grilled chicken and smoked BBQ short rib. Served with chips, our homemade coleslaw, homemade onion rings, corn on the cob and salad garnish.

## SURF & TURF COMBO £16.50

**Mega Meal** with 8oz Rump steak, grilled salmon fillet in a lemon & dill butter and grilled cockles, served with chips, our homemade coleslaw, homemade onion rings, corn on the cob and salad garnish.

## THE GLADIATOR £17.50

**IT'S THE LAW!!!** Half grilled chicken, smoked BBQ short rib, homemade chilli con carne. Served with chips, our homemade coleslaw, homemade onion rings, corn on the cob, sour cream dip and celery sticks.

THE GREEN MAN  
**MONSTER MEALS**

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